

Prepare yourself for Hajj



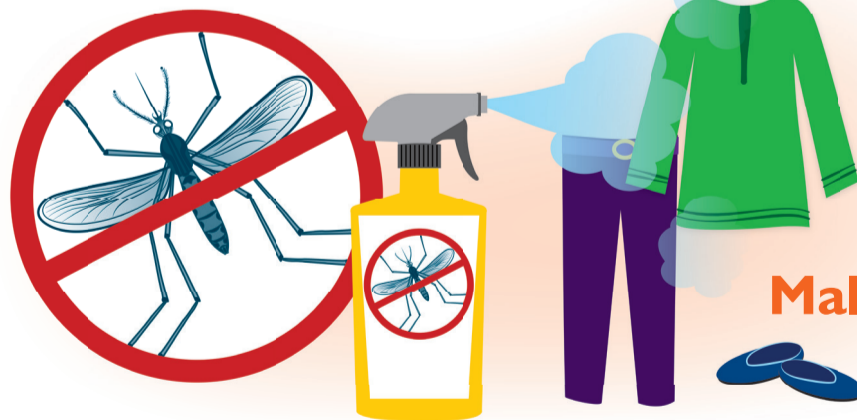
Visit your **GP**  **6-8** weeks before travel.

Protect yourself, your family and the community.



**Vaccinations
and medicines**

**Respiratory
health**



Malaria avoidance

Further advice

- Kingdom of Saudi Arabia Ministry of Health: <http://www.moh.gov.sa/en/Pages/Default.aspx>
- The Council of British Hajjis: <http://www.cbhuk.org>
- fitfortravel: <http://www.fitfortravel.nhs.uk>